



## AUSTRALIAN FEDERATION OF TRADITIONAL KARATE

### 2018 NATIONAL SEMINAR SERIES

#### DAY 1 SATURDAY 24 FEBRUARY

**PRESENTER:** **World Traditional Karate – Do Federation President - Sensei Kwiecinski (whole day)**  
Topic: Back to the origins – historical and technical aspects of traditional karate-do  
Instructor profile:  
[https://en.wikipedia.org/wiki/W%C5%82odzimierz\\_Kwieci%C5%84ski](https://en.wikipedia.org/wiki/W%C5%82odzimierz_Kwieci%C5%84ski)

#### DAY 2 SUNDAY 25 FEBRUARY

**PRESENTER:** **Sensei Ryan Van Leent (morning)**  
Topic: Heian Nidan (Pinan Shodan) & Heian Sandan (Pinan Sandan) with a focus on Oyo Bunkai  
Instructor profile:  
<https://www.actshotokan.org.au/our-instructors/>

**Sensei Reece Cummings (afternoon)**  
Topic: Two-person drills and application practices (Oyo Bunkai) from Kusanku (Kanku-dai) and Naihanchi (Tekki)  
Instructor profile:  
<http://www.karatecanberra.com.au/about-us/instructors>

**WHERE:** CANBERRA GRAMMAR SCHOOL  
PDHPE CENTRE  
40 Monaro Crescent Red Hill ACT

**A two-day event featuring local and an International instructor/s who will be working through various Bunkai workshops featuring Self-defense applications, Throws and Takedowns Practical applications; and much more.**

**TIME:** 9AM – 5PM SAT & SUN

**WWW.AFTK.ASN.AU**

## ALL GRADES EVENT

### SINGLE DAY ADMISSION

\$30 Members  
\$40 Non-members

### DUAL DAY ADMISSION

\$50 Members  
\$60 Non-members

### Group rates available

10 or more – 10% off total

✓ **Group rates available for 10 or more**

✓ **2 Day Seminar or single day admission (your choice)**

✓ **Entry fee also includes lunch and morning and afternoon refreshments**

### CONTACT

SOKE Glen Smith for further details

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