



AUSTRALIAN FEDERATION OF TRADITIONAL KARATE
2019 NATIONAL SEMINAR SERIES

WHEN **SUNDAY 23 JUNE**

PRESENTERS: **Sensei Brian Cox, 8 Dan, Benjamin Ong 4 Dan**
Shotokan Karate International Federation,
Miranda RSL Youth Club.

Topic: Nijushiho with a focus on Oyo Bunkai
Instructor profile:

<http://www.mirandarslyc.com.au/portfolio-item/karate/>

PRESENTER: **Sensei Reece Cummings, 4th Dan Okinawan**
Shorin-ryu

Topic: Applications from Chinto/Gankaku Kata
Instructor profile:

<http://www.karatecanberra.com.au/about-us/instructors>

PRESENTERS: **Sensei's Ian Baddock 3rd Dan & David**
Hennessy 2nd Dan, Chidokan Karate -Do

Topic: Applications from Enpi/Wanshu Kata
Instructor profile: <http://www.chidokan.com/about-us/instructors/>

WHERE: **LANE COVE BOWLS CLUB,**
LANE COVE SYDNEY

151 Burns Bay Road, Lane Cove

A day to hear from our presenters and better understand
Nijushiho. Chinto/Gankaku and Enpi/Wanshu Kata

TIME: **8.30 for 9.00 AM – 4 PM**

BOOK ONLINE AT: <https://www.trybooking.com/BCSTF>

WWW.ATKF.ORG.AU

ALL GRADES EVENT

EARLY BIRD REGISTRATION

\$30 Members

\$40 Non-members

PAY ON THE DAY ADMISSION

\$40 Members

\$50 Non-members

Group rates available

10 or more – 10% off total.

✓ **Group rates available**
for 10 or more.

✓ **Entry fee also includes**
lunch and morning and
afternoon refreshments.

CONTACT

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details.

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